Obesity and Low Weight and Checking Growth Assessment in Shine

If you feel that the obesity concern or the low weight concern does not make sense to you, click on the Growth Assessment and you can see what information was entered (see below).

The person entering the information has to choose which concern applies. There is a possibility of human error. If you see a concern for Low Weight that should be Obesity or one for Obesity that should be Low Weight, you are able to click on the Concern when it is open and change the name.

Also make sure that the results were entered correctly. Depending on your scale you have at your center, it will either show fractional pounds or pounds and ounces. Choosing the wrong one of these affects the results.

All children with a Concern for Obesity or Low Weight need to have follow up in Shine. You can start with a Rescreen to see if maybe it was an error in data. Request your AA to do the rescreen as they are trained on this procedure.

A BMI Age Percentage of 85% or above is associated with an Obesity Concern in Shine and a BMI Of 5% or less is associated with a Low Weight Concern. Note that the verbiage of obesity should not be used with families, it is what Shine calls the concern. Please be sensitive with the language you use with families.

If the result is still over 85%, please talk with the family even if the child does not appear overweight to you. Ask if the parent, doctor or WIC have any concerns. Refer the family to their doctor and/or to WIC as appropriate.

If the child is at the 95th percentile for BMI we would expect detailed notes regarding what the doctor and WIC have already told the parent and how you are helping them as well.

For Low Weight, please make sure to give information for picky eaters and any other handouts you have and check in about any special needs at school. For example, with a doctor's request we are able to serve a child whole milk or Pediasure at school. We need an ROI-S for the doctor and Health can make a plan for food substitution or the addition of Pediasure.

Here is an example of what Growth Assessment looks like & where you see the BMI %: